



One body, one mind, one synergistic blend of energies that work every day to keep your body functioning. Is your body allowing you to live the life you want or is your body holding you back?

Learn what you can do to reclaim your health, regain energy, increase vitality, balance your hormones, and maintain health and wellness.

Total health starts with you! Book your in-person or remote consultation today to learn about your possibilities for creating total wellness for you, and everyone in your family.



Restore your body chemistry, and your health. This is the premise of Dr. Susan's pH (potential Hydrogen) Integrative Health. Understanding the complex chemical and hormonal functions of the body and working to keep them in balance is the key to health. Make the only choice for optimal health by booking your consultation today.

Dr. Susan holds national and international certifications in health, nutrition, physical training, biometric scanning/assessments, and holistic therapies for wellness. She also has degrees in education and Integrative Health.

She has presented all over the country, has guest appearances on radio talk shows and podcasts, as well as her own show that is now on her YouTube Channel and serves as an educator for several nutrition companies. Dr. Susan is the founder of Think Pink Nights and The Every Ribbon Counts Foundation, non-profits focused on the fight against cancer.

Visit our animal wellness division at [HealthySaddle.com](http://HealthySaddle.com)



# Integrative Holistic Health and Wellness



Dr. Susan Mattes Bostian  
Integrative Holistic Health and Nutrition Specialist  
Dr. Susan's pH, LLC  
452 Manor Drive, Nazareth PA 18064  
[www.drsusansph.com](http://www.drsusansph.com)  
[www.alternativelighttherapy.com](http://www.alternativelighttherapy.com)  
EMAIL: [drsusansph@gmail.com](mailto:drsusansph@gmail.com)  
(610) 417-2448

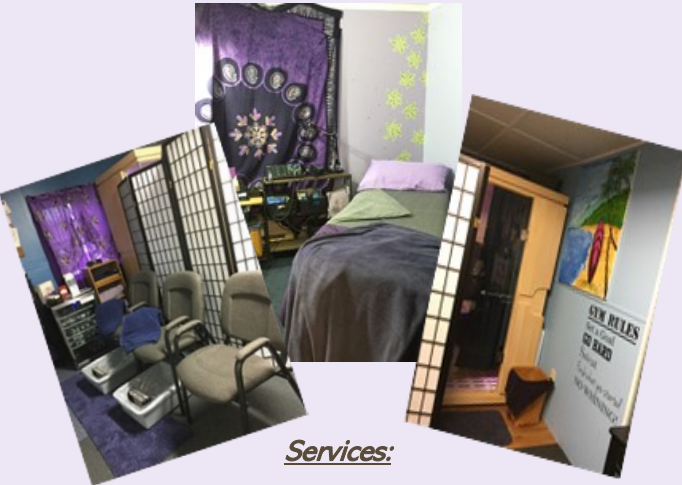
For our animal division, visit: [HEALTYSADDLE.com](http://HEALTYSADDLE.com)



# WELLNESS SERVICES

Dr. Susan offers a variety of health and wellness services that meet the individual needs of each client. Education is a large part of your consultation so that you are empowered to make positive decisions for your future.

All consultations and services are by appointment only. 610 417-2448



## Services:

Nutritional/Health Consultations

Low Level Light Therapy

BEMER Therapy

Cryo T Shock Body Contouring and Physiotherapy

FDA Approved Cool Sculpting

Vitamin D Restoration Light Therapy

Low Level Light Therapy for Migraines, Stress Management, Anxiety/Depression, Concussion, Cognitive Issues, Pain Management, & Recovery, Weight Loss, Smoking Cessation

Laser Lipo Light for Weight Loss

FIT BodyWraps

Biometric Body Analysis Scanning/Heart Rate Variability/Hormone Assessments

Detox Therapy Sessions/Ionic Foot Baths\* (Dr. Susan Owns the company and the patent)

Infrared & Chromo Therapy

Whole Food Nutrition Counseling

Speaking Engagements/Corporate Wellness Seminars

*Products: Dr. Susan's carries a variety of products in her office to enhance your health.*

## LOW LEVEL LIGHT THERAPY/BEMER/CRYO T SHOCK \$110 TO \$2995

The most advanced non-invasive, no down time protocols available for promoting the healing ability of the body, all in one location. From pain management to advanced body contouring, we have the exact protocol for you. Protocols are applicable for sports injuries, headaches, wound healing, TMJ, injury, concussion, cognitive issues, and more. Low Level Light Therapy is effective for migraines, depression, PTSD, and anxiety. For more information on Low Level Light Therapies, please visit: [www.alternativelighttherapy.com](http://www.alternativelighttherapy.com)

## HEART RATE VARIABILITY SCREENING, AND BIOENERGETIC BODY ANALYSIS: \$195-\$275

The most advanced biometric scanning system to help you learn how your body is functioning from a nutritional, hormonal, and aging aspect. Dr. Susan offers advanced body analysis options that detail autonomic nervous system scans, bio-coherence, and Ayurveda data points. These are used to develop comprehensive health improvement plans, eating plans, and stress reduction protocols. This service is also available for long distance clients as well (with the rental/purchase of your own scanner).

## CONSULTATIONS/DETOX/WEIGHT LOSS/STRESS REDUCTION/ SMOKING CESSATION THERAPIES: \$55 TO \$275

Dr. Susan offers only non invasive, no down-time, healing therapies: Advanced low level light therapy for detoxing your body, Laser Lipo Light Weight Loss Treatments, FIT Body Wrap Treatments, smoking cessation therapies, weight loss protocols, far-infrared sauna therapies, and Vitamin D Restoration Light Therapy, and the detox foot baths, Ionic Oasis Detox FootBaths. You can own your own foot bath system as well for use in your own home. Call to order yours today.

