**Dr. Patricia C. Onuoha-Ph.D  
Cell: (832) 985-0427, (418) 841-8149   
413 Ferndale Avenue, Glen Burnie, MD, 21061**Email: **onuohat.patricia@yahoo.com**

**Summary:**

Self-motivated, energetic and dedicated professional with purpose of providing care and support for individuals with Mental disabilities, behavior disabilities and intellectual disabilities helping them live their best lives; Certified Mental and Quantum Health Coach, an Educator and consultant very Passionate about helping the vulnerable population by employing Counselling and various Therapeutic Skills, Research, emotion management and helping people to healing, support planning and implementation, addiction management, pain management, behavior adjustment and management, consultation and recovery approach, telehealth services, A demonstrable ability and skill in problem solving, committed to quality and to exceeding expectations. I am open to integration and collaboration.

**Work Experience:**

**Affordable Health Clinics, 6475 New Hampshire Ave, Hyattsville MD,20783**

**Pre/Post doctorate Staff**

**Duties:**

. Assist in Consulting, Counseling, Interviewing patients especially on Covid 19 related cases and general medical conditions.

. Case presentation and Report writing,

. Clients Assessment for Mental Health and Behavior disorder patients, Depression, ADHD, PTSD, Anxiety and other clients with eating disorder especially adolescents.

. Educates clients on need for total hygiene and safety especially throughout Covid-19 pandemic

. Instructs and directs plans on treatment especially to the under-age population.

. Treats with evidence-based approach like CBT, ERP, DBT, etc., and family therapy using integrative/holistic approach

**Priority Home care Systems, # 13321 New Hampshire Ave Ste 200, Silver Spring MD 20904**

**Mental Health management Assistant/Direct Care Provider**

**Duties:**

**.** Works with mental/behavior disable kids who are also autistic in their homes

**.** Assist in behavior planning by Bringing in workable ideas that has been helping in behavior management and adjustment of the population we serve.

• Help them achieve their individualized goals and live meaningful lives.

• Ensure individuals participate in community inclusion activities

**Second Family Inc., Hyattsville MD 20785 March** 2018 till Present

**Direct Support Professional/ Certified Medication Technician**

**Duties:**

• Cares, Manages and Mentors children with Autism, ADHD and limited intellectual functioning and learning disability.

**.** Assist the Social Worker in behavior planning by Bringing in workable ideas that has been helping in behavior management and adjustment of the population we serve.

• Help them achieve their individualized goals and live meaningful lives.

• Ensure individuals participate in community inclusion activities.

• Accompany individuals to the ER or urgent care when the need arises.

• Administer medications and document manually and electronically as directed by the Physician

• Collects and Correlates ABC data on individuals’ behaviors and help with IP plan and makes sure it is followed

**Abik Home Health care, Hyattsville MD**

**Home Health Aide -December 2017 - February 2018**.

**Duties:**

✦ Assist autism clients in behavior adjustment and management

✦ Coaches autistic teenager and role play in problem solving skills.

✦ Educate my client techniques for anger and anxiety management

✦ Monitor/observe and document the individual’s behaviors

✦ Assist, directs and monitors the individual with completion of activities of daily living-ADL.

✦ Accompanies and supports the individual during community outings interesting places

**All Care Family Practice and Pediatric Clinic, 7111 Harwin Dr, Houston Texas**

 Clinical Administration Staff February 2016 – November 2017

**Duties:**

. Check and document patients' blood pressure, heartbeat and pulse regularly.

. Provide compassionate care by listening to patients' questions and concerns and providing gentle answers.

. Monitors patients' conditions and provide updates to healthcare team.

. Help patients with sample collection and assist with dressing.

. Review and Monitor patient’s body system and nutritional status.

. Confirms patients’ referrals such as X-rays and other imaging tests as well as other experts’ appointments

**King Haven Counseling Group Inc. Mental Health Clinic- 615 Gulfton St, Houston, Texas 77081**

**Pre-Doctoral Intern Staff  March 2015 – January 2017**

**Duties:**

* Provide orientation to newly diagnosed Autistic and behavior patients.
* Educate Families and guardians on management of different behavior and reasons to be committed in life adjustments in ADHD /ADD patients
* Speedily Attend to clients’ complaints and respond to inquiries.
* Do assist in clerking, counseling and assessment of Patients with Psychiatrist on duty.
* Help in behavior plan especially on addiction management and withdrawals.
* Assist guardians and family of clients to understand the need for ADL in client healing.
* Provides Therapy to patients using APA standard as directed by the Psychiatrist in charge
* Organizes Seminars and workshops for clients and students as directed by the Director
* Crisis Prevention Intervention Peer Recovery approach especially on clients with PTSD and vulnerable population

**Lagos University Teaching Hospital Idi-Araba Lagos Nigeria- Department of Molecular Medicine and Pathology**

**Medical Laboratory Scientist-Histo -Scientist Senior Staff -September 2000-November 2014**

Duties:

Human and Animal Sample Collection, Handling, Analysis and Diagnosis of Diseases, Sample Grossing, Processing microtomy sectioning, staining of biopsy, mounting slides, microscopy, Assist in Fine Needle Aspiration Cytology, Assist in Autopsy. Educates, mentor and supervises Students in medical laboratory, medical records, physiology and nursing during clinical rotations. Presentation and conferencing.

**Patdomado Divine Diagnostic Laboratory Ipaja Lagos Nigeria**

**Research and Diagnostic Scientist- 2009-2014**

Duties: General Medical Laboratory Science Practices, Diagnosis and research especially on cancer and other diseases

**Education/ Trainings:**

1: Light University# 129 Vista Center Drive, Suite B, B.O.BOX 839 Forest, VA,24551- Obtained Certificate in Mental Health Coaching, Counseling and Mentorship -2021

2: United States Institute of Diplomacy and Human Rights (USIDHR)Washington DC – Obtained Certificate in Human Right Consultant and Business Consulting-2020-2021

3: Charisma University # 44 Salt Mills Plaza Grace Bay, Providenciales Turks & Caicos Islands, TKCA 1ZZ (649) 941- Obtained Doctor of Philosophy (Ph.D.) in Psychology Specialization Behavioral Health -March 2017-March 2021

4: Charisma University # 44 Salt Mills Plaza Grace Bay, Providenciales Turks & Caicos Islands, TKCA 1ZZ (649) 941-7337-, Obtained Master of Science in Psychology (MSC) Concentration in Clinical Psychology -March 2015-December 2016

5: International Quantum University of Integrative Medicine, 735 Bishop St # 200 Honolulu, HI, 96813, -Health Coach Training, Diploma in Quantum Health Coach (Doctorate in Integrative Medicine in-situ)-2018-Date

6: University of Sciences Arts and Technology, 7583 Sourdough Dr, Morrison, CO 80465 in affiliation with Einstein Medical Institute, 840 US Highway 1,110A North Palm Beach, FL 33408, USA- MD/PhD/Diploma Programs -Obtained Doctorate in Public Health (Ph.D)/Diploma in Tropical Medicine- September 2014- December 2016

7: Ambrose Alli University, Ekpoma, Edo State, Nigeria.  Obtained Bachelor of Science Degree in Medical Laboratory Sciences (Histopathology) Bachelor of Sciences- September 2000-February 2005

 8: Lagos University Teaching Hospital, School of Medical Laboratory Sciences, Idi- Araba, Lagos, Nigeria-. Obtained Associate Degree in General Medical Laboratory Sciences September 1999-February 2003

**Special areas of interest /Experience:**

Autistic individuals with its associated comorbidity special needs Substance Abuse and Co- existing disorders. Strong working knowledge of behavioral theory and applied behavior analysis. Understanding of the characteristics and behaviors associated with most disorders. Good communication skills, both verbal and written. Telehealth and online meetings (Virtual) Covid Education, awareness on prevention and management Ability to handle intense emotional situations. Ability to apply behavioral principles. Post-Traumatic Stress Disorder (PTSD) Strong interpersonal skills. Excellent stress management skills. Pain Management without medication Children Care and education Elderly Care and Wellbeing (Dementia, Alzheimer’s and Schizophrenia management), Research, Biophysical and Bio Photonics, Volunteering.

**Certifications/Licenses:**

Board Certified Quantum Health Coach/ Certified Holistic Health Practitioner - by American Association of Drugless Practitioners (AADP)-2021

Board Certified Mental Health Coach/Counselor-by American Association Christian Counselors (AACC)-2021

Certified Human Right/Business Consultant – United States Institute of Diplomacy and Human Rights (USIDHR)- 2021

Doctorate Degree Certificate- PhD in Psychology (Specialization in Behavior Health)- 2021

Certificate in Holistic Pain Assessment and Management by Kwe Training Academy -2021

Certificate in Biofeedback and Neurofeedback – 2021

Certificate in Heart Rate Variability (HRVT)- 2021

Mandt and DDA Certified/ Certified CPR, First  Aid, Basic Life Skills, AED -2021

Certified Nursing Assistant/ Medication Technician – Maryland Board of Nursing -2021

Certificate in Herbology and homeopathy- 2020

Certificate in Neuroplasticity- 2020

Certificate in Mind Body Medicine with Coherence and Consciousness- 2020

Certificate in Homeopathy Taoist Medicine with chakras-2020

Certificate in Neuro-Linguistic Programming/Stress Management - 2020

Certificate in Quantum Physics- 2019

Certificate in Aromatherapy and Acupressure- 2019

Board Certified Cognitive Behavior Specialist- by international board of Credentialing and Continuing Education Standard (IBCCES) 2018

Doctorate Degree Certificate-Ph.D. in Public Health (Specialization in Autism Assessment, Diagnosis and Management)- 2016

Diploma in International Medicine (Concentration on Epidemiology)- 2016

Master’s Degree Certificate- MSC in Psychology (Concentration on Substance Abuse Counseling and Therapy)- 2016

Bachelor’s Degree Certificate-BSC in Medical Laboratory Sciences (Concentration on Histopathology)- 2005

Associate Degree Certificate-AMLS in Medical Laboratory Sciences (Concentration on General Medical Laboratory Sciences) – 2003

**Other Skills:**

Autism care and management, Infection prevention control and management, Active Listening, Depression and Anxiety management, Meditation, Quantum health coach and healing, Behavior Adjustment and management, Customer care, Counseling, Crisis prevention, management and intervention, Alzheimer’s and Dementia management, Nursing, Electronic Documentation, Data Analysis, Problem Solving Skills, Word, Excel and Power- Point Presentation, Good writing and oral Communication skills, Community Outreach, Patient care, Staff Training, Entrepreneur, Facilitating Meetings, Laboratory Management and Research, Volunteering.

**Affiliations/Organizations:**

American Association of Psychologist-(APA), Maryland Association of Psychologist-(MPA), District of Columbia Psychology Association-(DCPA)American Association of Drugless Practitioners-(AADP), Complementary Medical Association-(CMA) American Association of Christian Counselors-(AACC), Quantum University Students Group, P&A Health Coach and HolisticCenter.

**Publication:**

CARBOMYL PHOSPHATE SYNTHETASE 1 DEFICIENCY <https://www.slideshare.net/onuohapatricia/carbamoyl-phosphate-stnthetase-1-deficiency> June 2014 It's an inherited disorder that causes ammonia accumulation in the blood (Hyperammonemia)-Ammonia which is formed when protein are broken down in the body following Urea synthesis. This is very toxic to human beings

**Hobbies:**

Reading, Education, Volunteering, Conferencing, Research, Consulting, Catering, attending Socializing, Community Outreach and awareness

**Awards:**

Best Student Award in Diagnosis, Research and Pathology- from Lagos University Teaching Hospital Idi-Araba Lagos Nigeria -20005

**References:**

The Most Rev. David Brain Fucci- Dean/Faculty Psychology Department, Charisma University, [davidfucci@charisma.edu.eu](mailto:davidfucci@charisma.edu.eu)

Dr. PeterChris Okpala- Founder/Chancellor, Charisma University, [peterchris.okpala@charisma.edu.eu](mailto:peterchris.okpala@charisma.edu.eu)

Dr. Josephine Emeagwali- Affordable Medical Clinic Hyattsville, MD, [affordablemedicalclinic@yahoo.com](mailto:affordablemedicalclinic@yahoo.com)