

FEELING HOPELESS?

Have you tried everything? Have the Doctors offered to drug you and cut you up to get rid of your pain? Do you feel hopeless about living a normal life?

YOU SHOULD KNOW

Most of my patients who feel hopeless, experience significant relief within one to six short, gentle treatments.

Patients remain fully clothed for MYK treatments, no oils nor creams are used, and treatments are short.

WHAT IS MYK?

MYK (Myokinesthetics) works with your Central Nervous System to relieve pain without surgery, medication, needles, or bone cracking.

Doctors use surgical implants to stimulate spinal nerve roots to relieve pain. MYK uses precise, gentle muscle movements, to do the same Nerve Root Stimulation relieving pain, numbness, and many other conditions.



FOUNDING DIRECTOR

A published author and practicing therapist for 30+ years, Bob Keller holds a

Master of Science, is a Certified MYK Practitioner, and Board Certified Medical Massage Therapist. Patients call him Dr. Bob, and accuse him of doing miracles. He is not a medical doctor, however, nor a divinity. His field is Medical Massage Therapy, trying to heal this miracle we call a human being.

This holistic practice includes dietary advice, psychological counseling & dream work, and spiritual direction.

"I'm a born skeptic, but I have to admit, it really was as simple as it sounds. MYK took away hip pain I've had for three years, and thought I would have to live with the rest of my life." – Lisë

"I had gone 9 years with constant shoulder pain. I tried everything: cortisone, PT, massage, chiropractic, but none gave me more than six hours relief. After my third MYK treatment, I had no pain in my shoulder. I've now gone over two years pain free. I didn't think I could live like this again. This is wonderful! – Seery

SeacoastMedicalMassage.com

10 Prince Place – Suite 112

Newburyport, MA 01950

978-465-5111



Professional Member



Moving Muscles To Relieve Pain

No Drugs • No Surgery
• No Needles • No
Cracking

SeacoastMedicalMassage.com

10 Prince Place – Suite 112

Newburyport, MA 01950

978-465-5111

No Kidding

A LOT OF
NERVE

You may think we have a lot of nerve claiming possibly to relieve your pain in a matter of minutes without medication. But it's *your* nerves that make such pain relief possible.

Did you know: A complex and extensive network of nerves in your body works hard to defy gravity, letting you stand upright?

Did you know: that very process can cause many forms of pain in your body?

Pain free in minutes without medication*

*Some patients get relief with one treatment, average is 3 - 4, and others may require more.

MYK

**Making Your Pain
Just a Memory**

Injury, stress, and other insults cause imbalance and shortened muscles as your brain struggles to keep you upright. Your brain reacts to that imbalance by sending messages through your nervous system, instructing other muscles to compensate and rebalance your body, even if it means causing pain as a result.

NERVE
REACTION

MYK treatments use your own nervous system to activate healing. They identify the nerve pathways involved in the pain, stimulate the muscles along that pathway, causing a nervous system reaction that restores balance, and eliminates pain.

MYK relieves a lot:

Acid Reflux (GERD)
Anxiety
Carpal Tunnel
Constipation
Frozen Shoulder
Hemorrhoids
Hip Pain
Incontinence
Inner Ear
Knee Pain
Low Back Pain
Lungs
Migraine
Neck & Shoulder Pain
Neuroma
Plantar Fasciitis
Rotator Cuff
Sciatica
Tennis Elbow
Voice Dysfunction
& many more

PAIN
RELIEF

SeacoastMedicalMassage.com

10 Prince Place – Suite 112

Newburyport, MA 01950

978-465-5111

