**THE HOLISTIC CENTER- Dr. Healey Montenegro ND**

***We deal in:***

**Nutrition,**

**zyto scanning (What is a ZYTO Scan? It is a biocommunication scan with a ZYTO hand cradle (an FDA-cleared medical device with 6 sensor points) and advanced software technology created to accurately decipher which wellness supplements and protocols your particular body craves for balance.),**

**Bio mat (The BioMat® is an FDA-approved medical device delivering therapeutic Infrared Rays and Negative Ions, reducing pain and inflammation where applied. FDA registered medical device, far infrared rays, negative ions, amethyst crystal, pain relief, stress relief, stress management, pain management), PEMF therapy (By inducing a mild electrical magnetic current into damaged cells, PEMF therapy slows or stops the release of pain and inflammatory mediators, increases blood flow of the cells, and re-establishes normal cell interaction. With reduced inflammation, pain decreases, energy increases, and faster tissue healing occurs.),**

**ZONE technique (Developed in 1931 by Dr. Thurman Fleet, the Zone Technique—which was originally called Zone Therapy—is based on the notion that there are six potential zones of the body that, when disturbed by emotional, physical, or chemical stressors, can lead to a variety of diseases and discomforts. In short, the Zone Technique operates on the belief that the body operates like an electrical device.),**

**The Healy (Healy is a microcurrent medical device that has been cleared by the U.S. Food and Drug Administration only for local relief of acute, chronic, and arthritis pain and muscle soreness due to overexertion. Healy also has non-medical applications that use Individualized Microcurrent Frequencies (IMF) to harmonize your Bioenergetic Field.)**

**Primary benefits of PEMF Therapy: AKA- THE MAT**

**Decreased pain**

**Increased micro-circulation within minutes**

**Enhanced uptake of nutrients**

**Reduction of stress in the body**

**Improved sleep patterns**

**Faster healing of soft tissue**

**Reduced inflammation & swelling**

**Acceleration of nerve regeneration**

**Faster functional recovery**

**Enhanced capillary formation**

**Increased cellular energy levels**

**Improved ability to rejuvenate cells**

**Improved immune response**

**There are more than 2,000 University Clinical Studies on PEMF proving the benefits with NO observed adverse effects.**