

See us if you
or a loved one
is slowed down by:

- ▲ Stress
- ▲ Backaches
- ▲ Sciatica
- ▲ Fibromyalgia
- ▲ Arthritis
- ▲ Carpal Tunnel
- ▲ Tendonitis
- ▲ Chemotherapy
- ▲ Aching Joints
- ▲ Anxiety
- ▲ Fatigue

CALL
920-366-1896

TODAY TO MAKE
AN APPOINTMENT!

Flexible evening and Saturday

Integrative Medicine and Jin Shin Jyutsu®

Facilities that incorporate Jin
Shin Jyutsu® into their pro-
grams through referral or
on-site care:

Cardiac Program

Morristown Memorial Hospital
Morristown, New Jersey

Heart Surgery & Cancer Programs

California Pacific Medical Center
San Francisco, California

Oncology & Cardiac Departments

Brattleboro Memorial Hospital
Brattleboro, Vermont

Oncology Program

Marin County Oncology Center
Greenbrae, California

Markey Cancer Center
Lexington, Kentucky

Located at the Advance Business Center:

2701 Larsen Road
Suite 118 & 141
Green Bay, WI

920.366.1896

www.keyelementswi.com

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WHAT IF YOU COULD
REDUCE
YOUR STRESS
AND PAIN
BY AT LEAST*
50%?



www.keyelementswi.com

920-366-1896



What is Jin Shin Jyutsu®?

Q. What is Jin Shin Jyutsu®?

A. Jin Shin Jyutsu® is a gentle, non-invasive touch therapy that restores unity to the invisible energy pathways in your body. These pathways have been used therapeutically for over 4000 years and allows your body to return to optimal health and vibrancy.

Q. How does Jin Shin Jyutsu® work?

A. Jin Shin Jyutsu® employs the hands to harmonize the 26 “Safety Energy Locks” in the body. “Holding” these locks in specific combinations restores balance and harmony.

Q. What can I expect at a Jin Shin Jyutsu® session?

A. You remain fully clothed while the practitioner’s hands are gently placed in specific sequences on your body. Most sessions last an hour and most clients report an overall feeling of peace and calm after a session. Since each body is unique and individual, the frequency of sessions is tailored to each person’s needs.

More Questions?

Please visit our FAQs link on our “About Us” tab on our website at www.keyelementswi.com

Why choose Key Elements for Health?



Gail Okray, owner of Key Elements for Health, has more than 17 years of hands-on experience.

Gail is a prolific teacher, author and instructor on the topics of Jin Shin Jyutsu®.

Her work appears in local magazines.

She teaches self-empowerment classes based on the books written by Mary Burmeister, the woman who brought Jin Shin Jyutsu® to the United States from Japan in the 1950s.

Gail and the practitioners at Key Elements for Health are **experts** in their field.



What can Jin Shin Jyutsu® do for you?

Jin Shin Jyutsu® addresses specific issues of physical, mental and emotional ailments by encouraging balance in vibrational pathways.

A Few Jin Shin Jyutsu® Facts:

- Ideal modality for arthritis, neuropathy, and many other ailments
- Focuses on the *cause* of the symptoms to encourage healing
- Sessions given at any age—from birth to far beyond retirement
- Similar to acupuncture, but non-invasive (no needles!)
- Restores harmony for five to eight hours after session is complete
- Clients report a reduction in pain by 51%* and stress by 60%*
- Includes **self-help component**, providing clients a way to participate in their own healing

*2011 Study from Markey Cancer Center
Lexington, Kentucky