

2020 Curriculum Vitae

Robert J. Echenberg, MD, FACOG

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Date of birth: 10/23/39

I. Educational Background

1966 - 1970 Residency in Obstetrics and Gynecology
University of Michigan Medical Center
Ann Arbor, Michigan

1965 - 1966 Internship
Cooper Hospital
Camden, New Jersey

1961 - 1965 Medical School
Jefferson Medical College
Philadelphia, Pennsylvania

1957 - 1961 Bachelor's Degree
Brown University
Providence, Rhode Island
High Honors in Biology

II. Awards, Honors and Societies

A. Alpha Omega Alpha Honor Medical Society – 1964 - Present

B. Hare Medical Society - 1963

C. Sims Obstetric Society, Jefferson Medical College - 1962

D. Anatomy Prize, Jefferson Medical College - 1962

E. High Honors in Biology, Brown University -1961

III. Medical Licensure & Controlled Substance Registrations

Medical physician and Surgeon
Commonwealth of Pennsylvania
MD - 013092 – E

DEA Registration #: BE4463953

IV. Board Certification

Grandfathered for lifetime certification

1999 - 2000 – 01 – 02 – 03 – 04 – 05 – 06 - 07 – 08 – 09 – 10 – 11 - 12
Voluntary Re-certification - American Board of OB-GYN

1986 Re-certification by American Board of OB-GYN

1974 Board Certified in Obstetrics and Gynecology

V. Military Service

1970 - 1972 Rank - Major
U.S. Army Hospital
Bangkok, Thailand
One of only two U.S. Military Obstetrician/Gynecologists in a five-
country region of Southeast Asia

VI. Practical Experience

2009 to Present Created “*Institute for Women in Pain*”, a multi-disciplinary program to bring together like-minded professionals interested in working collaboratively in the Lehigh Valley region for patients with pelvic, genital and sexual pain disorders.

2015 to September 2016
Part time practice:
1317 3rd Avenue, 76th St. 9th Floor
New York City, NY 10021

2012 to 2014
Co-creator of the “*Alliance for Pelvic Pain*”, a group of 5 professionals aligning to provide patient and provider educational opportunities involving national and international patient retreats and professional

educational forums

- 2012 to 2019 *Founding Board Member of “Bridge for Pelvic Pain”* - which is a nonprofit organization dedicated to education, research and prevention of Chronic Abdominal, Pelvic, Genital and Sexual Pain Disorders
www.bridgeforpelvicpain.org
- 2011 to Present *Providing help to Stephanie Yeager (patient advocate in Indiana) in producing professional level DVD* for educating young women about pelvic, genital and sexual pain disorders and to instruct them about their bodies: **www.paindownthere.com**
- 2006 to 2014 Private Practice – “*Women’s Health – Pelvic Pain & Sexual Wellness*”, Bethlehem, PA **Name change to “The Echenberg Institute for Pelvic and Sexual Pain” in 2014. We have now seen patients from over 34 states and 14 other countries.**
- 2003 to 2006 St. Luke’s Physician Group - Affiliate of St. Luke’s Hospital
St. Luke’s OB/GYN Associates, Bethlehem, PA
- 2000 - 2003 St. Luke’s Hospital
Creator and Medical Director of **Chronic Pelvic Pain Center**, focusing on non-surgical treatment of pelvic pain (part-time teaching in OB/GYN clinics), Allentown and Bethlehem, PA

Bethlehem Obstetric Associates, Ltd., Bethlehem, PA
- 1999 - 2000 *Upshur Medical Management Group*
St. Joseph’s Hospital Buckhannon, WV
- 1995 - 1999 *First Step Women's Health Center* – working with a large hospital medical service with Doctors and Nurse Midwives providing full women’s health services and caring for a predominately indigent and immigrant community.
Memorial Medical Center, Las Cruces, NM
- 1994 - 1995 *Center for Women's Medicine*
Lehigh Valley Hospital, Allentown, PA
- 1989 - 1994 Private Practice - Full gynecological services, including early pregnancy care but without continued obstetric care; affiliated with St. Luke’s Hospital, with full gynecological privileges, including use of Nd YAG Laser use in gynecological surgery,
Bethlehem, PA

1972 - 1989 Private Practice - Obstetrics and gynecology, including full range of gynecological surgery, infertility, obstetric care and special counseling services for sexual dysfunction, grief resulting from perinatal loss, premenstrual syndrome and menopausal concerns; affiliated with St. Luke's Hospital with full range of obstetrics and gynecology privileges, Bethlehem, PA

VII. Management Experience

A. 1978 - 1994

Sole proprietor, owner and manager of private practice of Obstetrics and Gynecology – *Women's Health Care Associates*, Bethlehem, PA

B. 1989 - 1995

Medical Director, *Women's Health Center of Bethlehem* (Diagnostic Imaging and Educational Center for Women), Bethlehem, PA

C. Initiated and implemented various committees within the hospital infrastructure, which have continued to be functionally beneficial, including:

Memorial Medical Center

Las Cruces, NM

Initiated, implemented and chaired medical staff Ethics Consultation Committee

St. Luke's Hospital

Bethlehem, PA

1. Chronic Pelvic Pain Center - Medical Director – 2002 – 2006

2. Perinatal Ethics Consultation Committee
Two tenures as Chairman: 1984-1991 – 2001-2005

3. Perinatal Loss Crisis Intervention Team – 1983

4. Obstetric-Pediatric Advisory Committee – 1982

D. Community and hospital management experience in New Mexico:

1. Elected Chairman – Department of OB/GYN and represented department on Medical Executive Committee, 1995 – 1999

2. Board Member - La Pinon Sexual Assault Crisis Center, 1996 – 1999

3. Medical Director – “SANE” program (Sexual Assault Nurse Examiner program), 1997 – 1999

4. Founder and leader of "Mesilla Valley Community Bioethics Forum," a private discussion and educational group dedicated to promoting dissemination of information concerning issues in medical ethics
1996 – 1999

VIII. Teaching Experience

A. 2001 - Present

Many professional presentations and individual mentoring to physicians, nurses, physical therapists and community members on managing Chronic Pelvic, Genital and Sexual Pain disorders: including Painful Bladder Syndrome, Vulvodynia, Pelvic Floor Dysfunction, Pudendal Neuralgia, PGAD (Persistent Genital Arousal Disorder) and other pelvic peripheral neuropathies.

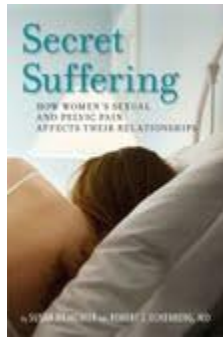
- B. Keynote speaker and lecturer at seminar on Chronic Pelvic Pain in Panama City, Panama – September, 2007. Speaking tour continued on to Philadelphia (PA), Hartford (CT) and Bethlehem (PA) in September and October 2007
- C. Taught obstetrics and gynecology, chronic pelvic pain, medical ethics and communication techniques to medical students and residents in OB/GYN, Family Practice and a Physician Assistant program, Bethlehem, PA, Las Cruces, NM and Buckhannon, WV
- D. Involved for many years in clinical teaching in OB/GYN Residency Program at St. Luke's Hospital, Bethlehem, PA
- E. Teaching Associate - Faculty of Temple University Medical School - taught medical students on a regular basis at St. Luke's Hospital, Bethlehem, PA
- F. Lehigh University – Lecturer (and aided in establishing course in 1973) on Human Sexuality
- G. Occasional guest lecturer on women's health care issues at various local colleges and schools in Pennsylvania and in New Mexico
- H. Responsible for establishing educational program in Medical Ethics for OB/GYN Residency Program at Lehigh Valley Hospital, Allentown, PA
- I. Responsible for establishing educational program in Medical Ethics in Family Practice Residency at Memorial Medical Center, Las Cruces, NM
- J. Co-coordinator of a two-day health care conference on "Prognosis" and "End of Life Issues" in 1998, attended by over 200 health care providers and clergy

IX. Post-Graduate Education

- A. Fulfilled criteria of the American Medical Association of at least 50 hours per year of Category I Post Graduate Education for **5 decades**
- B. Attend multiple relevant national and regional conferences each year
- C. Keep current on issues and research in specialty through reading journals, research studies and communicating with experts in the field

X. Publications

- A. Co-author of book: **“Secret Suffering: How Women’s Sexual and Pelvic Pain Affects their Relationships”**. Praeger Publishers, NY, 2007.



- B. **“A Program for Management of Chronic Pelvic Pain” - “Contemporary OB/GYN” - Volume 49 # 11, November 2004**
- C. Co-author and collaborator **"In Your Skin You Are Different: Women Living With Ovarian Cancer during Childbearing Years"** **"Qualitative Health Research."** Volume 9 No.2. March 1999
- D. **"Permanently Locked-In Syndrome in the Neurologically Impaired Neonate - Report of a case of Werdnig-Hoffman Disease."** **"The Journal of Clinical Ethics."** Volume 3, Number 3. Fall 1992
- E. **"Peritoneal Response to Polyethylene Foreign Bodies"** **"Obstetrics and Gynecology"**, Volume 31, #6. June 1968
- F. **"A Morphologic Approach to the Problem of Reflux Pancreatitis."** **"The Journal of the International College of Surgeons,"** Section 1, Volume 40, #4. October 1963

G. Wrote forward to: **“The Proactive Patient”** 2013.

